

STONES & THEIR USES

PATHWAYS 11419 CONCORD VILLAGE AVE. ST. LOUIS, MO 63123 (314) 842-0047 WWW.PATHWAYSSTL.COM

Actinolite	Shielding, expands energy body, rids unwanted conditions
Agate, Blue Lace	Brings hope, optimism, ability to communicate ideas clearly to others
Agate, Botswana	Augments fertility, sensuality, sexuality, passion
Agate, Green Moss	Success, abundance, compatibility, oneness with energies of earth
Agate, Natural Lace	Stabilizes biorhythms, insight on one's journey
Agate, Turritella	Helps us to move through times of trials & tribulations, gives protection
Amazonite	Calms & comforts emotional issues; dispels negative, irritating energy
Amber	Cleanses the environ., helps body to heal by changing neg. to posit. energy
Amegreen (Prasiolite & Amethyst)	Spiritual connection w/ sacred earth mysteries, bringing spiritual into daily life
Amethyst, Banded	Clears aura, dissipates negativity & reveals origins & reasons of same
Amethyst, Dark	Spiritual awareness, inner peace, devel. of psychic abilities, elim nightmares
Ametrine	Releases negativity & blockages while bringing in Light, brings compatibility
Angelite	Enhances telepathic communication, spiritual journeys & astral travel
Apache Tears	Forgiving attitude & release of grievances, comfort in times of grief
Apatite, Blue	Enhances creativity, clears mental confusion, stimulates clairvoyance
Apophyllite	Helps one recognize & act on truth in all situations, conscious astral travel
Aquamarine	Shielding for aura & subtle bodies, quickens intellectual reasoning
Aragonite	Keeps us centered and balanced, even during times of stress
Aventurine, Green	Brings abundance & prosperity, activates healing energies
Aventurine, Red	Protects from those who would drain our energy, promotes leadership
Azurite	Eliminates worries, indecision, troubled thoughts
Bismuth	Relieves feeling of emotional or spiritual isolation, brings calm changes
Bloodstone	Provides centering & grounding while energies realigned; revitalizes
Bronzite	Helps bring resolution to unfinished issues
Calcite, Orange	Energy amplifier, brings vitality and creativity, positive use of energies
Calcite, Peach, crystals	Awareness of energy of Universal Love, heals & heightens heart vibration
Carnelian	Protects against envy, fear, rage; banish sorrows; past life recall
Celestite, crystals	Brings love with respect, helpful in astal travel & deam recall
Charoite	Helps us to understand lessons we've brought on ourselves, helps attn. span
Chrysocolla	Provides great inner strength sustaining one through stressful situations
Chrysoprase	Helps heal a "broken heart" with understanding for personal growth
Citrine	Brings energy, prosperity, abundance, strength, good for career success
Coral, Red	Quiets emotions, brings peace, communication with spiritual masters
Corundum	Helps to release anger in a positive manner, stimulates ambition & confidence
Danburite, tumbled	Encourages shining forth of higher self in daily life
Diaspor	Helps to clearly see & understand intent of others; calmness & protection
Dumortierite	Empowers us to stand up for ourselves with patience and calmness
Emerald	Eliminates negativity from one's life, loyalty within one's self & others
Fluorite	Increases concentration & ability to discern the truth, promotes health
Garnet, Almandine	Romantic love, passion, sensuality, social popularity, brings achievement
Garnet, Cinnamon	Energy, self-confidence, career & social success, enhances imagination
Hematite	Brings peace, self-control, concentration, balance; rids negativity; legal help
Herkimer Diamonds	Good for psychic work; brings originality, creativity, uniqueness to our lives
Hiddenite	Brings connection to and clear knowledge from other worlds
Iolite	Good for elimination of debts, helps one accept responsibility
Jade, Green	Serenity, wisdom, peace, harmony, helps to understand our dreams
Jasper, Fancy	Smooths dysfunctional energies, eliminates negativity, sustains energy
Jasper, Leopard Skin	Helps to accept responsibility & pursuits based on service, eliminates toxins
Jasper, Picture	Brings hidden thoughts, fears, griefs to surface to be faced & purged
Jasper, Starry (w/ Pyrite)	Natures & protects us, shields from negative energy
Jet	Protects against illness and violence, dispels fearful thoughts
Kornerupine	Helps us to see past the illusions of the physical plane; attune to true self
Kunzite	Acknowledge & express self love, uncondit love & romantic love; protection
Kyanite	Dispels confusion & energy blockages, brings compassion & calmness
Labradorite	Protects the aura; keeps it clear, balanced & free of energy leaks
Lapis Lazuli, dark w/ pyrite	Protection from physical danger & psychic attacks, overcomes depression
Larvakite	Brings connection & communication w/ other planetary beings, ascension work

Lepidolite	Reduces stress, alleviates despondency, brings self love & acceptance
Lodestone	Relieves burdens, eliminates confusion, brings guidance & confidence
Magnesite	Eliminates self-deceit, stimulates passion & love, visualization aid
Malachite	Draws out negative energy, emotional maturity, self understanding
Marble, Picasso	Enhance artistic, creative nature; understanding & clarity of intuitive self
Marble, Zebra	Self mastery, thought control, serenity, purification, protection
Moldavite	Interdimensional access of higher dimensional galactic energies
Moonstone, Rainbow	Brings orderliness and insight, helps to interpret symbolic messages, healing
Moonstone, Cream to Gray	Brings insight & intuition, safety during travel, cleanses negativity
Moonstone, Green	Helps to heal us from repetitive cycles in our lives, supports us during growth
Mother of Pearl	Purity, honesty, innocence, serenity, tranquility
Obsidian, Black	Excellent grounding, protective stone, shields against negativity
Obsidian, Mahogany	Strength in times of need, relieves stress, eliminates energy blocks
Obsidian, Snowflake	Serenity when alone, brings purity & balance to body, mind, spirit
Onyx, Black	Master one's future, banish grief, bring guidance, aid memory, center & align
Onyx, White	Align w/ higher powers, brings happiness & good fortune, self control
Opal, Andean	Aids in spiritual journeying, divination, hypnotic trance states; grounding
Paua Shell	Healing, honesty, serenity, calmness
Petrified Wood	Stability, security, longevity, grounding, taps into ancient knowledge
Pietersite	Helps us to travel throughout the planes and access the akashic records
Prasiolite (Green Amethyst)	Access power & energy of ancient earth religions, healing spiritual & physical
Prehnite	Spirit communication, protection, prophesy, dreaming & remembering
Psilomelane	Helps us to understand and correct undesired emotional situations
Pyrite	Assists us to clearly see the true intent of others, enhances memory
Quartz, Clear	Stimulates brain functions, dispels negativity, enhances communica. w/guides
Quartz, Phantom	Connection w/ higher self, good for past life-future life work
Quartz, Red Rutilated	Assist one to get to the root of the problem & gives energy to remedy it
Quartz, Rose	Attracts positive, nurturing love into our lives, heals emotional wounds.
Quartz, Rutilated	Promotes strength of will, determination, self-reliance
Quartz, Smokey	Lifts depression, calms fears, dissolves negative energies.
Quartz, Snow	Helps us to access the hidden, unseen aspects or both inner & outer life.
Quartz, Tourmalinated	Encourages others to be cooperative; protective
Rhodochrosite	Brings balance & love on all levels to all bodies, can bring twin soul
Rhodonite	Realize true potentials; helps us to see our alternatives; self-confidence
Rhyolite	Helps us to process past issues and clear the path for our future progress
Ruby	Protects on all levels, even psychic attacks, brings health, wealth, wisdom
Ruby, small crystals	Stops leakage of energy from chakras, connection w/ spirit guides
Serpentine	Stimulates and eases the rising of Kundalini
Sodalite	Eliminates confusion, promotes trust in self & others
Spectrolite	Protects the aura; keeps it clear, balanced & free of energy leaks
Staurolite (Fairy Cross)	Helps to quit smoking or other addictive behaviors, brings good luck, protects
Sugilite	Eliminates negative attrib: hostility, abrasiveness, anger, jealousy, prejudice
Sunstone	Good luck in gambling, brings abundance, vitality, healthy independence
Tiger Eye, Blue	Enhance psychic abilities, brings calmness & optimism, grounding
Tiger Eye, Gold	Brings clarity of thought & union of scattered details, protection, grounding
Tiger Iron	Provides safety in times of danger, increases physical vitality
Topaz	Stone of true love & success in all endeavors, brings wealth & health
Tourmaline, Black	Protects against spells & others negative energy
Tourmaline, Green Crystals	Brings abundance, prosperity, success, helps w/ weight loss
Turquoise	Used to purify & dissipate negativity, protector and bestower of goodness
Unakite	Helps keep one's energy clear when in close proximity with negative people
Zoisite w/ Ruby	Stimulates & amplifies all psychic abilities, promotes spirit communication

The mineral kingdom provides us with valuable tools for personal transformation.

Realize they are merely a reflection of the energies available within us.

Remember to act with Love and seek the Light.