

# AMULETS & TALISMANS

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Amulets and Talismans are very powerful magickal tools for achieving change in your life. Talismans work by generating a positive force thereby drawing the desired result to you through the Law of Attraction. Amulets, on the other hand, provide protection by deflecting negative energies thus creating a protective barrier around your space. Unlike most other forms of magick, a correctly charged Amulet or Talisman will work even if its wearer initially has no belief in its powers. When empowered correctly, both work like self-charging solar batteries and function in a way that links them with the appropriate planetary or energetic forces in line with their intention. Magickal energy is then continually channeled through to the objective as more energy is attracted from the Cosmos.

The ancient symbols used in the construction of some Amulets and Talismans pre-date the Christian era and yet they are as potent and effective today as they were at the time of their original construction. Many Talismans, like the ones from King Solomon, have historic roots stemming from the Qabalah over 3,000 years ago. King Solomon's teachings form one of the cornerstones of Western Magick. Talismans based on King Solomon's designs are very powerful, and their effects will often be felt very quickly.

## CHARGING YOUR AMULET OR TALISMAN

To get the maximum benefit from your Amulet or Talisman it is advisable to form a link between yourself and the planetary forces that will operate through it by charging it. Experienced occultists may prefer to use one of the many Qabalistic, Golden Dawn or Wiccan rituals that have been designed specifically for this purpose. However the Ritual of Empowerment we give here is simple, safe and extremely effective and requires no magickal experience. If you bought your Talisman or Amulet to help you change an aspect of your life, rather than simply because it's an attractive fashion accessory, we strongly recommend you perform this ritual - you may well be surprised by the results!

## SUPPLIES YOU WILL NEED

Glass of Water, White Candle (or a candle of a color that corresponds with your desire or intent), Few Pinches of Salt, White Cloth, Small Side Table or Coffee Table, Stick of Incense (Sandalwood or a scent that corresponds with the desire or intent of the working), and a Quiet Room

## RITUAL OF EMPOWERMENT FOR YOUR AMULET OR TALISMAN

1. Make sure that you will be undisturbed in your room or sacred space. Take the telephone off the hook, shut the drapes, lock the door, put out a "Do Not Disturb" sign.
2. Lay your white cloth over the cleared, clean table and place your candle in the center of the table and light it. (Remember to never leave a lit candle unattended and be sure that it is not close to anything that could catch on fire.) Light your stick of incense, put it in a safe holder and place it on your table. Place your glass of water, salt and the new Amulet or Talisman on the table in front of the other items.
3. Turn off the lights, close your eyes and spend 5 minutes thinking about exactly what you would like your Talisman to achieve. Magick works far better on specific objectives than generalities. So for example if your Talisman is for ambition/success then visualize the job you would like to get - and SEE yourself in that position, having achieved your new job, sitting in your new office.
4. Take a pinch of salt and sprinkle it slowly into the water visualizing the water being filled with a golden light and say: *"WITH THIS SALT I CONSECRATE THIS WATER, MAY WHATEVER IT TOUCHES BE HALLOWED WITH LIGHT."*
5. Sprinkle a drop of water onto your Talisman and say: *"WITH THIS SACRED WATER I CONSECRATE THIS TALISMAN SO THAT IT MAY...(state your intention)."*
6. Pass the Talisman through the smoke of the incense and say: *"WITH THIS BURNING INCENSE I PURIFY THIS TALISMAN SO THAT IT MAY...(state your intention)."*
7. Pass the Talisman through the flame of the candle saying: *"WITH THIS SACRED FLAME I CLEANSE THIS TALISMAN SO THAT IT MAY...(state your intention)."*
8. Sit down and close your eyes and hold your Talisman in your right hand. Imagine above you a sphere of brilliant white light approximately a foot in diameter radiating in all directions. Concentrate your energy on this sphere and see a shaft of white light penetrating into the top of your head. Imagine this gradually moving down to your neck where it forms a second sphere of silver blue light around your throat. The light slowly flows down your body until it reaches your solar plexus where it forms a huge golden sphere. You feel warm and powerful, invigorated by this cosmic light. Now with all the energy in your being, see this golden light move through your body and into the Talisman. At the same time picture again, very clearly, the vision you built up of your Talisman successfully working.

YOU HAVE NOW CHARGED YOUR TALISMAN.

Allow yourself a few minutes to unwind while you once again contemplate the intention of your Talisman and then have a drink and a bite to eat to get yourself back down to earth. You can now completely forget about your Talisman, as it will be working with the cosmic forces and your own unconscious mind, but be prepared for some interesting changes in your life in the near future!

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